EXTENDED TO SEPTEMBER 15, 2022

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

▶ Do not enter social security numbers on this form as it may be made public.

Department of the Treasury Internal Revenue Service

► Go to www.irs.gov/Form990 for instructions and the latest information.

<u>A</u> I	For the	\simeq 2020 calendar year, or tax year beginning \sim N	OV 1, 2020 and	ending O	<u>CT 31, 2021</u>	
В	Check if applicable	C Name of organization			D Employer identifi	cation number
	Addres	INWARD BOUND MINDFULNES	SS EDUCATION, IN	IC.		
F	Name	5	22 22 3 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		27-30293	90
	Initial return	Number and street (or P.O. box if mail is not del	ivered to street address)	Room/suite	E Telephone numbe	
Ē	Final return/	PO BOX 516	,		508-250-	
	termin ated	City or town, state or province, country, and	ZIP or foreign postal code		G Gross receipts \$	1,327,472.
	Ameno return	CONCORD, MA 01/42			H(a) Is this a group re	eturn
	Applic tion	F Name and address of principal officer. OAC	QUI CLAY		for subordinates	? Yes X No
	pendir	SAME AS C ABOVE			H(b) Are all subordinates in	ncluded? Yes No
				or 527	1	list. See instructions
		e: WWW.IBME.COM			H(c) Group exemption	
		or germent on	sociation Other	L Year	of formation: 2010 I	M State of legal domicile; MA
P	_	Summary	CPR	COLLEDIA	T II O	
ø	1	Briefly describe the organization's mission or most	significant activities: 5EE	SCHEDO	TE O	
Governance		Check this box if the organization discor	ations of its apprehing or diagon	and of more	than OEO/ of its not see	
/err	3	Number of voting members of the governing body			1 -	8
é	4	Number of independent voting members of the gov				4
∞ ∞	5	Total number of individuals employed in calendar y				7
i <u>t</u> ië	6	Total number of volunteers (estimate if necessary)				29
Activities &	7 a	Total unrelated business revenue from Part VIII, co				0.
ĕ	b	Net unrelated business taxable income from Form				0.
			,		Prior Year	Current Year
4	8	Contributions and grants (Part VIII, line 1h)			1,223,265.	840,525.
Revenue	9				359,610.	231,310.
eve	10	Investment income (Part VIII, column (A), lines 3, 4,			0.	0.
Œ	11	Other revenue (Part VIII, column (A), lines 5, 6d, 8c			0.	254,728.
	1	Total revenue - add lines 8 through 11 (must equal			1,582,875.	1,326,563.
	13	Grants and similar amounts paid (Part IX, column (A), lines 1-3)		0.	0.
	14	Benefits paid to or for members (Part IX, column (A), line 4)		0.	0.
S	15	Salaries, other compensation, employee benefits (F			472,819.	518,114.
Expenses	16a	Professional fundraising fees (Part IX, column (A), li			0.	0.
ж	. b	Total fundraising expenses (Part IX, column (D), line	The state of the s			500 004
ш	''	Other expenses (Part IX, column (A), lines 11a-11d,			764,032.	608,024.
	1	Total expenses. Add lines 13-17 (must equal Part I)			1,236,851.	1,126,138.
	19	Revenue less expenses. Subtract line 18 from line	12		346,024.	200,425.
ls of		T. I. (D. I.V.); 40)		Re	ginning of Current Year 613,541.	End of Year 845,042.
SSE	20	Total assets (Part X, line 16)			137,606.	168,682.
Net Assets or	21 22	Total liabilities (Part X, line 26)	lina 00		475,935.	676,360.
	art II	Signature Block	III le 20		475,555	070,300.
		Ities of perjury, I declare that I have examined this return,	including accompanying schedules	s and stateme	ents, and to the hest of my	knowledge and belief it is
		t, and complete. Declaration of preparer (other than office				into wroago and bonon, it is
	,					
Sig	n	Signature of officer			Date	
Hei		▲ JACQUI CLAY, PRESIDENT				
		Type or print name and title				
		Print/Type preparer's name	Preparer's signature] [Date Check C	PTIN
Paid	d				self-employ	
Pre	parer	Firm's name NON PROFIT CAPITA	AL MANAGEMENT LI	'C	Firm's EIN ▶	38-3697447
Use	Only	Firm's address ▶ 153 CLINTON ROAD				
		STERLING, MA 015	<u>54-2357</u>		Phone no. 78	1-933-6726
Ma	v the IF	RS discuss this return with the preparer shown abo	ve? See instructions			X Yes No

	1990 (2020) INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390	Page 2
Par	rt III Statement of Program Service Accomplishments	
	Check if Schedule O contains a response or note to any line in this Part III	X
1	Briefly describe the organization's mission: IBME PROVIDES IN-DEPTH, HIGHLY RELATIONAL MINDFULNESS PROGRAMMING FOR	5
	YOUTH AND THE PARENTS AND PROFESSIONALS WHO SUPPORT THEM.	<u>`</u>
	TOUTH AND THE TAKENTO AND TROPEDSTONALS WHO SULTOKE THEM.	
2	Did the organization undertake any significant program services during the year which were not listed on the	
		X No
	If "Yes," describe these new services on Schedule O.	
3	Did the organization cease conducting, or make significant changes in how it conducts, any program services?	X No
	If "Yes," describe these changes on Schedule O.	
4	Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses.	
	Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, an	.d
	revenue, if any, for each program service reported.	210
4a	(Code:) (Expenses \$ 878,720. including grants of \$) (Revenue \$ 231,3	<u>310.</u>)
	IBME PROVIDES ACCESSIBLE RETREATS AND PROGRAMS TO TEENS AND YOUTH-SERVING ADULTS, WHICH TRANSITIONED TO AN ONLINE PLATFORM AMIDST	п
	THE ONGOING GLOBAL PANDEMIC. IN ALL, OUR ONLINE PROGRAMS REACHED 1,4	
	PARTICIPANTS ACROSS 15 RETREATS AND 7 RECURRING PROGRAMS (WEEKLY OR	± 1 3
	MONTHLY). THESE PROGRAMS INCLUDED OUR FIRST LGBTQIA+ RETREAT (31	
	TEENS) AND OUR THIRD TEENS OF COLOR RETREAT (19 TEENS). ADDITIONALLY	<i></i>
	THE MASSACHUSETTS TEEN SUMMER RETREAT WAS OUR FIRST IN-PERSON	<u>'</u>
	RESIDENTIAL RETREAT SINCE THE BEGINNING OF THE COVID-19 PANDEMIC. 46	<u>-</u>
	TEENS ATTENDED THE RETREAT WHICH WAS FILLED TO CAPACITY WITH A LARGE	
	WAITING LIST SEVERAL MONTHS IN ADVANCE. WE ALSO HOSTED AN IN-PERSON	
	THREE-DAY WEEKEND RETREAT IN MICHIGAN DURING THE FALL.	
4b	(Code:) (Expenses \$ including grants of \$) (Revenue \$)
4c	(Code:) (Expenses \$ including grants of \$) (Revenue \$	
70	(Code:) (Expenses \$	<i>'</i>
4d	Other program services (Describe on Schedule O.)	
	(Expenses \$ including grants of \$) (Revenue \$)	
4e	Total program service expenses ► 878,720.	

Form 990 (2020) INWARD BOUND Part IV Checklist of Required Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)?			
	If "Yes." complete Schedule A	1	Х	
2	Is the organization required to complete Schedule B, Schedule of Contributors?	2	X	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for			
	public office? If "Yes," complete Schedule C, Part I	3		Х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect			
	during the tax year? If "Yes," complete Schedule C, Part II	4		Х
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or			
	similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III	5		Х
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to			
	provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		Х
7	Did the organization receive or hold a conservation easement, including easements to preserve open space,			
	the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7		х
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? <i>If</i> "Yes," <i>complete</i>			
	Schedule D, Part III	8		х
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for			
	amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services?			
	If "Yes," complete Schedule D, Part IV	9		х
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments			
	or in quasi endowments? If "Yes," complete Schedule D, Part V	10		х
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X			
	as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D,			
	Part VI	11a	Х	
b	Did the organization report an amount for investments - other securities in Part X, line 12, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b		Х
С	Did the organization report an amount for investments - program related in Part X, line 13, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c		Х
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in			
	Part X, line 16? If "Yes," complete Schedule D, Part IX	11d		Х
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e		Х
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses			
	the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f	Х	
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete			
	Schedule D. Parts XI and XII	12a	Х	
b	Was the organization included in consolidated, independent audited financial statements for the tax year?			
	If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		Х
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		Х
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		Х
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business,			
	investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000			
	or more? If "Yes," complete Schedule F, Parts I and IV	14b		Х
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any			
	foreign organization? If "Yes," complete Schedule F, Parts II and IV	15		Х
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to			
	or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16		Х
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX,			
	column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I	17		Х
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines			
	1c and 8a? If "Yes," complete Schedule G, Part II	18	Х	
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes,"			
	complete Schedule G, Part III	19		Х
20a	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a		Х
	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or			
	domestic government on Part IX, column (A), line 1? If "Yes." complete Schedule I. Parts I and II	21		Х

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Form **990** (2020)

Form 990 (2020) INWARD BOUND MINDF
Part IV Checklist of Required Schedules (continued)

	·		Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on			
	Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22		X
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current			
	and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete			
	Schedule J	23		<u> X</u>
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the			
	last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b through 24d and complete			3.7
	Schedule K. If "No," go to line 25a	24a		<u> </u>
	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
C	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease	24c		
Ч	any tax-exempt bonds? Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit			
	transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		х
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and			
	that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete			
	Schedule L, Part I	25b		X
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current			
	or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35%			
	controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part II	26		<u> X</u>
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee,			
	creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled			₹.
00	entity (including an employee thereof) or family member of any of these persons? If "Yes," complete Schedule L, Part III	27		X
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV			
a	instructions, for applicable filing thresholds, conditions, and exceptions): A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? If			
	"Yes," complete Schedule L, Part IV	28a		х
b	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b		Х
	A 35% controlled entity of one or more individuals and/or organizations described in lines 28a or 28b? If			
	"Yes," complete Schedule L, Part IV	28c		X
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		X
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation			
	contributions? If "Yes," complete Schedule M	30		X
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		X
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete			х
22	Schedule N, Part II Did the organization own 100% of an entity disregarded as separate from the organization under Regulations	32		
33	sections 301.7701-2 and 301.7701-3? If "Yes," complete Schedule R, Part I	33		x
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and			
٠.	Part V, line 1	34		Х
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		Х
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity			
	within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization?			
	If "Yes," complete Schedule R, Part V, line 2	36		X
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization			17
00	and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		<u> </u>
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and 19? Note: All Form 990 filers are required to complete Schedule O	38	Х	
Pai		30	21	
	Check if Schedule O contains a response or note to any line in this Part V			
			Yes	No
1a	Enter the number reported in Box 3 of Form 1096. Enter -0- if not applicable			
	Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable 1b 0			
С	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming			
	(gambling) winnings to prize winners?	1c	X	(0.6.5.7)
032004	4 12-23-20	Form	JJU	(2020)

Part V | Statements Regarding Other IRS Filings and Tax Compliance (continued)

2a T		· /		Yes	No
b If a least one is reported on line 724, did the organization file all required federal employment tax returns? Note: If the sum of lines ta and 2 as greater than 250, you may be required to 4-nii 6 (see instructions) 30 Ibit the organization have unrelated business gross income of \$1,000 or more during the year? 31 If the 5 in the 1 in th	2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements,			
Note: if the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions) a Did the organization have unrelated business gross income of \$1,000 or more during the year? b If Yes, "has it filed a Form 980-T for this year? file No." to live 3b, provide an explanation on Schedule 0 ab Al any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account? file No. b If Yes, "enter the name of the foreign country file No." for sub-investigation of the financial accounts? file No. 5a Was the organization a party to a prohibitor tax shelter transaction at any time during the tax year? file No. 5b Did any taxabile party notify the organization file Form 8886-17 file No. 6c Did any taxabile party notify the organization file Form 8886-17 file No. 6d Does the organization and pross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible on the problem of the second of the organization include with every solicitation an express stement that such contributions or grifs were not tax deductible? 7 Organizations that may receive deductible contributions under section 170(c). 6 If Yes, "did the organization include with every solicitation an express stement that such contributions or grifs were not tax deductible? 7 Organizations that may receive deductible contributions under section 170(c). 8 If If Yes, "did the organization notify the donor of the value of the goods or services provided? 9 If If Wes, "did the organization notify the donor of the value of the goods or services provided? 10 If the organization receive any funds, directly or indirectly, to pay premiume on a personal benefit contract? 10 If the organization receive any funds, directly or indirectly, to pay premiume on a personal benefit contract? 11 If the organization received a contribution of caris, beats, airplanes, or other ve		filed for the calendar year ending with or within the year covered by this return 2a 2			
3a X X b if "Yes," instantion have unrelated business gross income of \$1,000 or more during the year? 4b if "Yes," instantion are stifled a Form 9a0T for this year? If "No," to line 3b, provide an explanation on Schedule O 3b	b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b	Х	
b if "Yes," has it filed a Form 99.0-T for this year? If "No" to line 3b, provide an explanation on Schedule O 4a At any time during the calendary year, id off the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)? 4a X 5b if "Yes," enter the name of the foreign country Seven instructions for filing requirements for FincEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). 5a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year? 5a X 5b IV Tyes" to line Sa or Sb, did the organization that twas or is a party to a prohibition of the organization shelt are normally greater than \$100,000, and did the organization solid any contributions that were not tax eductible as charitable contributions? 5b If "Yes," did the organization include with every solicitation an express statement that such contributions or girts were not tax deductible or tax eductible as charitable contributions and explanation shelt are year explanation review a payment in excess of \$5 made party as a contribution and party for goods and services provided to the payor? 5c IV Tyes," did the organization notity the donor of the value of the goods or services provided? 6c IV Tyes," include the number of Forms 8282? filed during the year 6c IV Tyes, include the number of Forms 8282 filed during the year 6c IV Tyes, include the number of Forms 8282 filed during the year 6c IV Tyes, include the number of Forms 8282 filed during the year 6c IV Tyes, include the organization reviews a pointhium and party for poor payment to payment and the payor of the payment and		Note: If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions)			
4a A any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial accounts? b if "Yes," enter the name of the foreign country. See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). 5a Was the organization aparty to a prohibited tax shefter transaction at any time during the tax year? 5b Id any texable party notify the organization that it was or is a party to a prohibited tax shefter transaction? 5c If "Yes" to line 5a or 5b, did the organization from 68617? 6a Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductibles can charitate contributions? b if "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductibles can charitate contributions? 7 Organizations that may receive deductible contributions under section 170(c). a Id the organization include with every solicitation an express statement that such contributions or gifts were not tax deductibles of the value of the goods or services provided? 7 Organizations that may receive deductible contributions under section 170(c). a Id the organization include with every solicitation an express statement that such contributions or gifts were not tax of the organization include with every solicitation and partly for goods and services provided to the payor? 7 Organization service a payment in excess of \$75 made partly sis a contribution and partly for goods and services provided to the payor? 7 Organization service a payment in excess of \$75 made partly sis a contribution and partly for the which it was required to the few sisters and services provided to the payor? 7 Organization services and payment in excess of \$75 made partly sis a contribution	За	Did the organization have unrelated business gross income of \$1,000 or more during the year?	За		X
the fire the name of the foreign country ▶ b If "Yes," enter the name of the foreign country ▶ b If "Yes," enter the name of the foreign country ▶ b If "Yes," enter the name of the foreign country ▶ b If yes," enter the name of the foreign country ▶ b If west the organization a party to a prohibited tax shelter transaction at any time during the tax year? 5a Was the organization aparty to a prohibited tax shelter transaction at any time during the tax year? 5b If "Yes," is line 5a or 5b, did the organization file Form 8886-17 6c If "Yes," to line 5a or 5b, did the organization file Form 8886-17 6d Does the organization tax were not tax deductible as charitable contributions? 6d If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible as charitable contributions under section 170(c). 6d If "Yes," did the organization notify the donor of the value of the goods or services provided? 7b If "Yes," did the organization receive a payment in excess of \$75 made party as a contribution of and party for goods and services provided to the payor? 7a If	b	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation on Schedule O	3b		
b If "Yes," enter the name of the foreign country. ▶ See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). 5a Was the organization party to a prohibited tax shelter transaction? 5b X b Did any taxable party notify the organization file Form 8889.77 5c If "Yes" to line Sa or 5b, did the organization file Form 8889.77 5c A b Did any taxable party notify the organization file Form 8889.77 5c If "Yes" to line Sa or 5b, did the organization file Form 8889.77 5c Did be the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible a charitable contributions? b If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible? 7c Organizations that may receive deductible contributions under section 170(c). a Did the organizations that may receive deductible contributions under section 170(c). b If "Yes," did the organization notify the donor of the value of the goods or services provided? 7 Organizations that may receive deductible contributions under section 170(c). b If "Yes," include the organization notify the donor of the value of the goods or services provided? 7 Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to life Form 8282? 1 Did the organization receive any funds, directly or indirectly, on pay premiums on a personal benefit contract? 7 Did the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required? 1 If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1088-C? 1 Sponsoring organization make and estimation of the organization and the organization file a Form 1088-C? 3 Sponsoring organization make a distribution of a donor advised fund maintained by the	4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a			
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11 Section 501(c)(12) organizations. Enter: a Gross income from members or shareholders b Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them.) 12a Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041? b If "Yes," enter the amount of tax-exempt interest received or accrued during the year 13 Section 501(c)(29) qualified nonprofit health insurance issuers. a Is the organization licensed to issue qualified health plans in more than one state? Note: See the instructions for additional information the organization must report on Schedule O. b Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans c Enter the amount of reserves on hand 13c 14a Did the organization receive any payments for indoor tanning services during the tax year? 15 Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year? If "Yes," see instructions and file Form 4720, Schedule N. If "Yes," see instructions and file Form 4720, Schedule N. If "Yes," complete Form 4720, Schedule O.	а		4		
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b Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them.) 12a Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041? b If "Yes," enter the amount of tax-exempt interest received or accrued during the year 13 Section 501(c)(29) qualified nonprofit health insurance issuers. a Is the organization licensed to issue qualified health plans in more than one state? Note: See the instructions for additional information the organization must report on Schedule O. b Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans c Enter the amount of reserves on hand 13c 14a Did the organization receive any payments for indoor tanning services during the tax year? b If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation on Schedule O 15 Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year? 15 X If "Yes," see instructions and file Form 4720, Schedule N. 16 Is the organization an educational institution subject to the section 4968 excise tax on net investment income? 16 X If "Yes," complete Form 4720, Schedule O.					
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If "Yes," complete Form 4720, Schedule O.					
	16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income?	16		Х
		If "Yes," complete Form 4720, Schedule O.			

Form **990** (2020)

Part VI Governance, Management, and Disclosure For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions.

	Check if Schedule O contains a response or note to any line in this Part VI			X
Sec	tion A. Governing Body and Management			
			Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year 1a	_		
	If there are material differences in voting rights among members of the governing body, or if the governing			
	body delegated broad authority to an executive committee or similar committee, explain on Schedule O.			
b	Enter the number of voting members included on line 1a, above, who are independent 1b 4			
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other			
	officer, director, trustee, or key employee?	2		X
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision			
	of officers, directors, trustees, or key employees to a management company or other person?	3		X
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4	Х	
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5		Х
6	Did the organization have members or stockholders?	6		Х
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or			
	more members of the governing body?	7a		Х
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or			
	persons other than the governing body?	7b		Х
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:			
а	The governing body?	8a	Х	
b	Each committee with authority to act on behalf of the governing body?	8b	Х	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the			
	organization's mailing address? If "Yes," provide the names and addresses on Schedule O	9		х
Sec	tion B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)			
	· · · · · · · · · · · · · · · · · · ·		Yes	No
10a	Did the organization have local chapters, branches, or affiliates?	10a		Х
	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates,			
	and branches to ensure their operations are consistent with the organization's exempt purposes?	10b		
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	Х	
b	Describe in Schedule O the process, if any, used by the organization to review this Form 990.			
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	12a	Х	
b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12b	Х	
С	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes." describe			
	in Schedule O how this was done	12c	Х	
13	Did the organization have a written whistleblower policy?	13	Х	
14	Did the organization have a written document retention and destruction policy?	14	Х	
15	Did the process for determining compensation of the following persons include a review and approval by independent			
	persons, comparability data, and contemporaneous substantiation of the deliberation and decision?			
а	The organization's CEO, Executive Director, or top management official	15a	Х	
	Other officers or key employees of the organization	15b	Х	
-	If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions).			
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a			
	taxable entity during the year?	16a		Х
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation			
_	in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's			
	exempt status with respect to such arrangements?	16b		
Sec	tion C. Disclosure	100		
17	List the states with which a copy of this Form 990 is required to be filed ▶MA, CO, CT, NY, OR, VA, WA, DC			
18	Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (Section 501(c)(3)	s only)	availa	ble
.0	for public inspection. Indicate how you made these available. Check all that apply.	o orny)	avana	DIC
	Own website X Another's website X Upon request Other (explain on Schedule O)			
19	Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and	l financ	rial	
19	statements available to the public during the tax year.	a iii lai l	Jai	
20	State the name, address, and telephone number of the person who possesses the organization's books and records			
20	JENNIFER HEITEL - 508-250-0628			
	PO BOX 516, CONCORD, MA 01742			

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII

X

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any. See instructions for definition of "key employee."
- List the organization's five current highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

See instructions for the order in which to list the persons above.

Check this box if neither the organization n	or any related	orga	niza	tion	con	nper	sate	ed any current officer, di	rector, or trustee.	
(A)	(B)				C)			(D)	(E)	(F)
Name and title	Average	(do		Posi		າ than d	nne	Reportable	Reportable	Estimated
	hours per	box	, unle	ss per	son i	s both	an	compensation	compensation	amount of
	week		cer an	a a a	recto	r/trus	iee)	from	from related	other
	(list any	recto						the	organizations	compensation
	hours for related	or di	99			sated		organization	(W-2/1099-MISC)	from the
	organizations	rustee	trust		99	n pens		(W-2/1099-MISC)		organization and related
	below	dual ti	tiona		nploy	st cor	_			organizations
	line)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former			organization o
(1) CHARISSE MINERVA SPENCER	12.00	_	_)	_	1 0	-			
DIRECTOR, TEACHER, PROG SUPPORT	0.00	Х						32,057.	0.	0.
(2) KHALILA ARCHER	10.00									
DIRECTOR, TEACHER, PROG SUPPORT	0.00	Х						28,778.	0.	0.
(3) JENNIFER HEITEL (AS OF 5/2021)	5.00									
SECRETARY, OPER. & FINANCE DIRECTOR	0.00	Х		Х				13,160.	0.	0.
(4) TONYA JONES (AS OF 5/2021)	40.00									
DIRECTOR, PROG STRATEGY, EQUITY & CO	0.00	Х						10,200.	0.	733.
(5) JAKE DAVIS	2.00									
PRESIDENT	0.00	Х		Х				0.	0.	0.
(6) BEATRIZ MEZA-VALENCIA	2.00									
VICE PRESIDENT	0.00	Х	_	Х				0.	0.	0.
(7) CHRIS MCKENNA (UNTIL 3/2021)	2.00	.,		7.7						•
SECRETARY	0.00	Х		Х				0.	0.	0.
(8) LEWIS COLLINS	2.00	37		37					_	0
TREASURER	0.00	Х		Х				0.	0.	0.
(9) TAEYA BOI-DOKU (AS OF 5/2021)	1.00	Х						0.	0.	0.
DIRECTOR (10) SHOSHANA PERRY (UNTIL 3/2021)	1.00	Λ						0.	0.	0.
DIRECTOR	0.00	Х						0.	0.	0.
(11) DAN SCHEIBE (UNTIL 11/2020)	1.00	22							.	0.
DIRECTOR	0.00	Х						0.	0.	0.
	0000								0.1	
		-								
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Form 990 (2020)

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Part	t VII Section A. Officers, Directors, Trust	tees, Key Emp	oloy	ees,	and	Hi	ghes	st C	ompensated Employee	s (continued)				
	(A) Name and title	(B) Average hours per week	(do box	not c	Posi heck i ss per	c) ition more son i		one n an	(D) Reportable compensation	(E) Reportable compensation		an	(F) stimate nount o	
		(list any hours for related organizations below line)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	from the organization (W-2/1099-MISC)	from related organizations (W-2/1099-MISC	;)	com fr org and	other opensation om the panization d relate anization	e ion ed
											-			
	Subtotal								84,195.		0.		7.	33.
С	Subtotal Total from continuation sheets to Part VII Total (add lines 1b and 1c)	, Section A						>	0. 84,195.		0.			0. 33.
2	Total number of individuals (including but no compensation from the organization	ot limited to th	ose	liste	d ab	ove	e) wh	o re	eceived more than \$100,	000 of reportable			T	0
	Did the organization list any former officer, line 1a? <i>If</i> "Yes," <i>complete Schedule J for si</i>			-	-	-		_	hest compensated emp	•		3	Yes	No X
	For any individual listed on line 1a, is the su and related organizations greater than \$150	m of reportabl	е со	mpe	ensa	tion	and	oth	ner compensation from t	he organization		4		X
	Did any person listed on line 1a receive or a rendered to the organization? If "Yes." com	ccrue compen	sati	on fr	om	any	unre					5		X
1	complete this table for your five highest contractors.										nsaf	tion fro	 om	
	the organization. Report compensation for t (A) Name and business			ONE		iui C	JI WI		(B) Description of s			(Compe	C) nsatior	n
2	Total number of independent contractors (ir \$100,000 of compensation from the organize	ŭ	ot lin	nited	d to 1	thos	_	ted	above) who received mo	ore than				
													000 /	

Form **990** (2020)

Part VIII Statement of Revenue

		Check if Schedule O contains a response	or note to any lin	e in this Part VIII			
				(A)	(B)	(C)	(D)
				Total revenue	Related or exempt function revenue	Unrelated business revenue	Revenue excluded from tax under
					lunction revenue	business revenue	sections 512 - 514
S S	1 a	Federated campaigns 1a					
an	b						
2 8		Fundraising events 1c					
fts, r A		Related organizations 1d					
nila		Government grants (contributions) 1e					
Sir		All other contributions, gifts, grants, and					
e ti	•	similar amounts not included above 1f	840,525.				
흕	_	Noncash contributions included in lines 1a-1f	010,0101				
Contributions, Gifts, Grants and Other Similar Amounts	e h	Total. Add lines 1a-1f		840,525.			
<u> </u>		Total / Ida iii ico Ta Ti	Business Code	010/010			
	2 a	RETREAT & TRAINING INC	624100	224,926.	224,926.		
je	z a b	A	900099	6,384.	6,384.		
ser iue	C		300033	0,3010	0,3010		
m S	d						
gra Re							
Program Service Revenue	4	All other program service revenue					
_				231,310.			
	3	Total. Add lines 2a-2f Investment income (including dividends, interesting)	et and	231,310.			
	3						
	4	other similar amounts)					
	5						
	3	Royalties(i) Real	(ii) Personal				
	6 -		(ii) i cisciiai	-			
	6 a						
	D						
	C						
		Net rental income or (loss) Gross amount from sales of (i) Securities	(ii) Other				
	<i>i</i> a	(7	(ii) Otrici	-			
		assets other than inventory Less: cost or other basis		-			
ø	D						
ň	_	and sales expenses 7b					
ther Revenue		Gain or (loss) 7c					
<u>بر</u> ۳		Net gain or (loss)					
돭	8 a	Gross income from fundraising events (not including \$ of					
0		of contributions reported on line 1c). See					
		, ,	83,611.				
	h	Part IV, line 18 8a Less: direct expenses 8b		-			
		Net income or (loss) from fundraising events	<u> </u>	82,702.			82,702.
		Gross income from gaming activities. See	_	02,102.			02,702.
	9 а						
	L-	Part IV, line 19 9a Less: direct expenses 9b					
		Net income or (loss) from gaming activities	·				
	IU a	Gross sales of inventory, less returns					
	L	and allowances 10a Less: cost of goods sold 10a		-			
			<u>, </u>				
$\overline{}$		Net income or (loss) from sales of inventory	Business Code				
ns	11 ^	LOAN FORGIVENESS	900099	172,026.			172,026.
eo Tue	ıı a b		30000	1,2,020			
Miscellaneous Revenue	C						
Sc	4	All other revenue					
Σ	ب م	Total. Add lines 11a-11d	<u> </u>	172,026.			
	12	Total revenue. See instructions		1,326,563.	231,310.	0.	254,728.

Part IX | Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).	
--	--

Г.	Check if Schedule O contains a respons	(A)		(C)	(D)
7b, 8	not include amounts reported on lines 6b, 3b, 9b, and 10b of Part VIII.	Total expenses	(B) Program service expenses	Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2	Grants and other assistance to domestic individuals. See Part IV, line 22				
3	Grants and other assistance to foreign				
3	organizations, foreign governments, and foreign				
	individuals. See Part IV, lines 15 and 16				
4					
4	Benefits paid to or for members				
5	Compensation of current officers, directors,	178,376.	135 /53	12 023	
_	trustees, and key employees	170,370.	135,453.	42,923.	
6	Compensation not included above to disqualified				
	persons (as defined under section 4958(f)(1)) and				
_	persons described in section 4958(c)(3)(B)	260 400	101 505	10 260	E0 60E
7	Other salaries and wages	260,480.	191,595.	10,260.	58,625
8	Pension plan accruals and contributions (include				
_	section 401(k) and 403(b) employer contributions)	42 050	26 260	10 220	A CED
9	Other employee benefits	43,858.	26,869.	12,332.	4,657 4,601
10	Payroll taxes	35,400.	26,551.	4,248.	4,601
11	Fees for services (nonemployees):				
а	Management				
	Legal	44 000		41 000	
	Accounting	41,222.		41,222.	
d	Lobbying				
е	Professional fundraising services. See Part IV, line 17				
f	Investment management fees				
g	Other. (If line 11g amount exceeds 10% of line 25,				
	column (A) amount, list line 11g expenses on Sch 0.)	55,399.	38,154.	12,921. 8,431.	4,324 14,560
12	Advertising and promotion	139,290.	116,299.	8,431.	14,560
13	Office expenses	19,451.	10,616.	1,931.	6,904
14	Information technology	3,253.	2,440.	390.	423
15	Royalties				
16	Occupancy	1,200.	245.	756.	199
17	Travel	1,922.	1,388.	534.	
18	Payments of travel or entertainment expenses				
	for any federal, state, or local public officials				
19	Conferences, conventions, and meetings				
20	Interest				
21	Payments to affiliates				
22	Depreciation, depletion, and amortization				
23	Insurance	12,218.	8,360.	2,409.	1,449
24	Other expenses. Itemize expenses not covered above (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule 0.)				
а	RETREAT EXPENSES	315,638.	312,336.	2,654.	648
b	CREDIT CARD & BANK FEES	8,184.	6,138.	982.	1,064
c		-,	.,		,
d					
	All other expenses	10,247.	2,276.	7,033.	938
25	Total functional expenses. Add lines 1 through 24e	1,126,138.	878,720.	149,026.	98,392
25 26	Joint costs. Complete this line only if the organization	_,,	0,0,,200		50,552
LU	reported in column (B) joint costs from a combined				
	1 1 1				
	educational campaign and fundraising solicitation.	1		· · · · · · · · · · · · · · · · · · ·	

Form **990** (2020)

Form 990 (2020) Part X Balance Sheet

'ar	tΧ	Balance Sneet					
		Check if Schedule O contains a response or n	ote to an	line in this Part X			
					(A) Beginning of year		(B) End of year
	1	Cash - non-interest-bearing			375,329.	1	472,982
	2	Savings and temporary cash investments				2	
	3	Pledges and grants receivable, net	226,585.	3	350,616		
	4	Accounts receivable, net			4		
	5	Loans and other receivables from any current					
		trustee, key employee, creator or founder, sub					
		controlled entity or family member of any of the		5			
	6	Loans and other receivables from other disqua					
		under section 4958(f)(1)), and persons describ	ed in sec	ion 4958(c)(3)(B)		6	
2	7	Notes and loans receivable, net				7	
Hoode	8	Inventories for sale or use				8	
ξ	9	Prepaid expenses and deferred charges			9,977.	9	21,444
	10a	Land, buildings, and equipment: cost or other					
		basis. Complete Part VI of Schedule D		4,831.			
	b	Less: accumulated depreciation	. 10b	4,831.	0.	10c	(
	11	Investments - publicly traded securities			11		
	12	Investments - other securities. See Part IV, line		12			
	13	Investments - program-related. See Part IV, lin			13		
-	14	Intangible assets	4 650	14			
1	15	Other assets. See Part IV, line 11	1,650.	15	(
4	16	Total assets. Add lines 1 through 15 (must ed			613,541.	16	845,042
	17	Accounts payable and accrued expenses	50,566.	17	66,513		
	18	Grants payable		18	100 16		
-	19	Deferred revenue				19	102,169
1	20	Tax-exempt bond liabilities				20	
	21	Escrow or custodial account liability. Complet				21	
:	22	Loans and other payables to any current or fo					
		trustee, key employee, creator or founder, sub					
		controlled entity or family member of any of the			07 040	22	
١.	23	Secured mortgages and notes payable to unre			87,040.	23	(
-	24	Unsecured notes and loans payable to unrelate				24	
-	25	Other liabilities (including federal income tax,	•				
		parties, and other liabilities not included on lin	es 17-24)	Complete Part X			
-	00	of Schedule D			137,606.	25	168,682
\dashv	26	Total liabilities. Add lines 17 through 25		▶ ▼	137,000.	26	100,002
,		Organizations that follow FASB ASC 958, c	neck ner				
	07	and complete lines 27, 28, 32, and 33.			184,765.	07	590,632
	27		291,170.	27 28	85,729		
	28	Net assets with donor restrictions	271,110.	20	05,72.		
;		Organizations that do not follow FASB ASC	956, CH	ck nere			
;	20	and complete lines 29 through 33.	10	ŀ		29	
}	29 30	Capital stock or trust principal, or current fund Paid-in or capital surplus, or land, building, or				30	
		Retained earnings, endowment, accumulated				31	
	31 32				475,935.	32	676,360
_ [32	Total net assets or fund balances			613,541.	33	845,042

Form **990** (2020)

Act and OMB Circular A-133?

b If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit

or audits, explain why on Schedule O and describe any steps taken to undergo such audits

Form 990 (2020)

IBME

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SCHEDULE A

(Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

► Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public Inspection

Name of the organization INWARD BOUND MINDFULNESS EDUCATION, INC.

Employer identification number

		INWA	RD BOUND M	INDFULNESS E	DUCAT	ON, I	INC.	2	7-3029390		
Pa	ırt I	Reason for Public (ee instructions	S.			
Γhe	organ	zation is not a private found									
1		A church, convention of ch	•		•	•)(A)(i).				
2		A school described in sect i									
3		A hospital or a cooperative		·			i).				
4		A medical research organization					-	(iii). Enter	the hospital's name,		
		city, and state:	•					` ,			
5		An organization operated for	or the benefit of a col	lege or university owned	d or operat	ed by a go	vernmental un	it describe	ed in		
		section 170(b)(1)(A)(iv). (C									
6		A federal, state, or local gov	vernment or governm	nental unit described in	section 17	70(b)(1)(A)	(v).				
7		An organization that norma	-					e general i	public described in		
		section 170(b)(1)(A)(vi). (C	•		· ·						
8		A community trust describe		1)(A)(vi). (Complete Par	t II.)						
9		An agricultural research org				ed in conju	nction with a l	and-grant	college		
		or university or a non-land-g				-		-	•		
		university:									
10	X	An organization that norma	lly receives (1) more	than 33 1/3% of its supp	ort from c	ontributior	ns, membershi	p fees, an	d gross receipts from		
		activities related to its exem	npt functions, subjec	t to certain exceptions;	and (2) no	more than	33 1/3% of its	support f	rom gross investment		
		income and unrelated busin	ness taxable income	(less section 511 tax) fro	m busines	ses acquii	red by the orga	anization a	after June 30, 1975.		
		See section 509(a)(2). (Cor	mplete Part III.)								
11		An organization organized a	and operated exclusi	vely to test for public sa	fety. See	section 50)9(a)(4).				
12		An organization organized a	and operated exclusi	vely for the benefit of, to	perform t	ne functior	ns of, or to car	ry out the	purposes of one or		
		more publicly supported org	ganizations describe	d in section 509(a)(1) d	r section	509(a)(2).	See section 5	09(a)(3). (Check the box in		
		lines 12a through 12d that	supported organizations described in section 509(a)(1) or section 509(a)(2). See section 509(a)(3). Check the box in ugh 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.								
а		Type I. A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving									
		the supported organization	n(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting								
		organization. You must o									
b	, L	organization. You must complete Part IV, Sections A and B. Type II. A supporting organization supervised or controlled in connection with its supported organization(s), by having									
		control or management o	f the supporting orga	anization vested in the sa	ame perso	ns that co	ntrol or manag	e the supp	oorted		
	_	organization(s). You mus	t complete Part IV,	Sections A and C.							
С	:	Type III functionally inte	grated. A supporting	g organization operated	in connect	ion with, a	and functionall	y integrate	ed with,		
	_	its supported organization	n(s) (see instructions)	. You must complete	Part IV, Se	ctions A,	D, and E.				
d	ı							-			
		that is not functionally int	-		•		="	an attentiv	veness		
		requirement (see instructi	•	•	•						
е	•	Check this box if the orga					Type I, Type I	, Type III			
_		functionally integrated, or		nally integrated supporti	ng organiz	ation.					
t		er the number of supported o	•								
<u>g</u>		ride the following information Name of supported	(ii) EIN	d organization(s). (iii) Type of organization	(iv) Is the orga	inization listed	(v) Amount of	monetary	(vi) Amount of other		
	•	organization	, ,	(described on lines 1-10	in your governi	No No	support (see in:	•	support (see instructions)		
				above (see instructions))	100	140					
F - ·											
Γ∧t•											

Schedule A (Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390 Page 2

| Part II | Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.") 2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf 3 The value of services or facilities furnished by a governmental unit to the organization without charge 4 Total. Add lines 1 through 3 5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f) 6 Public support, Subtract line 5 from line 4. Section B. Total Support	Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.") 2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf 3 The value of services or facilities furnished by a governmental unit to the organization without charge 4 Total. Add lines 1 through 3 5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f) 6 Public support. Subtract line 5 from line 4. 8 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources 9 Net income from similar sources 9 Net income from the sale of capital assets (Explain in Part VI.) 11 Total support. Add lines 7 through 10	
membership fees received. (Do not include any "unusual grants.") 2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf 3 The value of services or facilities furnished by a governmental unit to the organization without charge 4 Total. Add lines 1 through 3 5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f) 6 Public support. Subtract line 5 from line 4. 8 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources 9 Net income from similar sources 9 Net income from unrelated business activities, whether or not the business is regularly carried on 10 Other income. Do not include gain or loss from the sale of capital assests (Explain in Part VI.) 11 Total support. Add lines 7 through 10	
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Section B. Total Support Calendar year (or fiscal year beginning in) ▶ 7 Amounts from line 4 8 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources 9 Net income from unrelated business activities, whether or not the business is regularly carried on 10 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) 11 Total support. Add lines 7 through 10	
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10 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) 11 Total support. Add lines 7 through 10	
or loss from the sale of capital assets (Explain in Part VI.) 11 Total support. Add lines 7 through 10	
assets (Explain in Part VI.) 11 Total support. Add lines 7 through 10	
11 Total support. Add lines 7 through 10	
12 Gross receipts from related activities, etc. (see instructions)	
13 First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3)	
organization, check this box and stop here	
Section C. Computation of Public Support Percentage	
14 Public support percentage for 2020 (line 6, column (f), divided by line 11, column (f))	<u>%</u>
15 Public support percentage from 2019 Schedule A, Part II, line 14	<u>%</u>
16a 33 1/3% support test - 2020. If the organization did not check the box on line 13, and line 14 is 33 1/3% or more, check this box and	. \square
stop here. The organization qualifies as a publicly supported organization	
b 33 1/3% support test - 2019. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box	. \square
and stop here. The organization qualifies as a publicly supported organization	
17a 10% -facts-and-circumstances test - 2020. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more	
and if the organization meets the facts-and-circumstances test, check this box and stop here. Explain in Part VI how the organization	
meets the facts-and-circumstances test. The organization qualifies as a publicly supported organization	
b 10% -facts-and-circumstances test - 2019. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or	
more, and if the organization meets the facts-and-circumstances test, check this box and stop here. Explain in Part VI how the	
organization meets the facts-and-circumstances test. The organization qualifies as a publicly supported organization	. \square
18 Private foundation. If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions Schedule A (Form 990 or 990)	

Schedule A (Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390 Page 3 Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Sed	ction A. Public Support						
Cale	ndar year (or fiscal year beginning in)	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
1	Gifts, grants, contributions, and						
	membership fees received. (Do not						
	include any "unusual grants.")	636,469.	902,438.	533,327.	1223265.	840,525.	4136024.
2	Gross receipts from admissions, merchandise sold or services per- formed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose	374,731.	521,507.	555,776.	359,610.	231,310.	2042934.
3	Gross receipts from activities that						
	are not an unrelated trade or business under section 513					83,611.	83,611.
4	Tax revenues levied for the organ- ization's benefit and either paid to or expended on its behalf						
5	The value of services or facilities furnished by a governmental unit to the organization without charge						
6	Total. Add lines 1 through 5	1011200.	1423945.	1089103.	1582875.	1155446.	6262569.
7 <i>a</i>	Amounts included on lines 1, 2, and 3 received from disqualified persons	84,473.	56,704.	41,788.	75,631.	240,444.	499,040.
b	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the	500 111		211 155	005 404		1060004
	amount on line 13 for the year			311,466.		240 444	1968324.
	Add lines 7a and 7b	693,614.	278,937.	353,254.	901,115.	240,444.	2467364.
	Public support. (Subtract line 7c from line 6.)						3795205.
	• • • • • • • • • • • • • • • • • • • •	(a) 2016	(b) 0017	(a) 2019	(4) 2010	(a) 2020	(f) Total
	ndar year (or fiscal year beginning in)	(a) 2016 1011200.	(b) 2017 1423945.	(c) 2018 1089103.	(d) 2019 1582875.	(e) 2020 1155446.	(f) Total 6262569 •
	Amounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	1011200.	1423343.	1009103.	1302073.	1133440.	0202307:
b	Unrelated business taxable income						
	(less section 511 taxes) from businesses acquired after June 30, 1975						
	Add lines 10a and 10b						
12	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)					172,026.	172,026.
13	Total support. (Add lines 9, 10c, 11, and 12.)	1011200.	1423945.	1089103.	1582875.	1327472.	6434595.
14	First 5 years. If the Form 990 is for th	e organization's fir	st, second, third, f	ourth, or fifth tax y	ear as a section 50	01(c)(3) organizatio	on,
	check this box and stop here						
Sec	ction C. Computation of Publi	c Support Per	centage				
15	Public support percentage for 2020 (li	ne 8, column (f), di	vided by line 13, c	olumn (f))		15	58.98 %
	Public support percentage from 2019					16	<u>54.99 %</u>
	ction D. Computation of Inves					T	
	Investment income percentage for 20					17	.00 %
	Investment income percentage from 2					18	%
19a	33 1/3% support tests - 2020. If the						
b	more than 33 1/3%, check this box an 33 1/3% support tests - 2019. If the						▶ X
_	line 18 is not more than 33 1/3%, che						
20	Private foundation If the organization						

Part IV | Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

- 1 Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.
- 2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in **Part VI** how the organization determined that the supported organization was described in section 509(a)(1) or (2).
- **3a** Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.
- **b** Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in **Part VI** when and how the organization made the determination.
- c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.
- **4a** Was any supported organization not organized in the United States ("foreign supported organization")? *If* "Yes," and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.
- **b** Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in **Part VI** how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.
- c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.
- 5a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).
- b Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?
- c Substitutions only. Was the substitution the result of an event beyond the organization's control?
- 6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes," provide detail in Part VI.
- 7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).
- 8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).
- **9a** Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in **Part VI.**
- **b** Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes." provide detail in **Part VI.**
- c Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI.
- 10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.
 - **b** Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)

	Yes	No
1		
2		
3a		
3b		
3с		
4a		
4b		
4c		
5a		
5b		
5c		
6		
7		
8		
9a		
9b		
9c		
10a		
10b		

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Schedule A (Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390 Page 6 Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). See instructions. All other Type III non-functionally integrated supporting organizations must complete Sections A through E. (B) Current Year Section A - Adjusted Net Income (A) Prior Year (optional) Net short-term capital gain 1 2 Recoveries of prior-year distributions 3 Other gross income (see instructions) 3 4 4 Add lines 1 through 3. 5 5 Depreciation and depletion Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions) 6 7 7 Other expenses (see instructions) 8 Adjusted Net Income (subtract lines 5, 6, and 7 from line 4) 8 (B) Current Year Section B - Minimum Asset Amount (A) Prior Year (optional) 1 Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year): a Average monthly value of securities 1a **b** Average monthly cash balances 1b c Fair market value of other non-exempt-use assets 1c d Total (add lines 1a, 1b, and 1c) 1d e Discount claimed for blockage or other factors (explain in detail in Part VI): 2 Acquisition indebtedness applicable to non-exempt-use assets 2 3 3 Subtract line 2 from line 1d. Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions). 4 5 Net value of non-exempt-use assets (subtract line 4 from line 3) 5 6 Multiply line 5 by 0.035. 6 7 Recoveries of prior-year distributions 7 8 Minimum Asset Amount (add line 7 to line 6) Section C - Distributable Amount Current Year 1 1 Adjusted net income for prior year (from Section A, line 8, column A)

6	Distributable Amount. Subtract line 5 from line 4, unless subject to			
	emergency temporary reduction (see instructions).	6		
7	Check here if the current year is the organization's first as a non-functionally i	ntegra	ted Type III supporting orgar	nization (see
	instructions)			

2

4

5

Schedule A (Form 990 or 990-EZ) 2020

IBME

2 Enter 0.85 of line 1.

Enter greater of line 2 or line 3.

Income tax imposed in prior year

3 Minimum asset amount for prior year (from Section B, line 8, column A)

Schedule A (Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390 Page 7

Pa	rt V Type III Non-Functionally Integrated 509	(a)(3) Supporting Orga	nizations _{(continu}	ued)	
Sect	tion D - Distributions				Current Year
_1	Amounts paid to supported organizations to accomplish exe	mpt purposes		1	
2	Amounts paid to perform activity that directly furthers exemp	ot purposes of supported			
	organizations, in excess of income from activity			2	
_3	Administrative expenses paid to accomplish exempt purpose	3			
4	Amounts paid to acquire exempt-use assets	4			
_5	Qualified set-aside amounts (prior IRS approval required - pro	5			
_6	Other distributions (describe in Part VI). See instructions.	6			
_7	Total annual distributions. Add lines 1 through 6.	7			
8	Distributions to attentive supported organizations to which the	ne organization is responsive			
	(provide details in Part VI). See instructions.			8	
9	Distributable amount for 2020 from Section C, line 6			9	
10	Line 8 amount divided by line 9 amount			10	
		(i)	(ii)		(iii)
Sect	tion E - Distribution Allocations (see instructions)	Excess Distributions	Underdistribution Pre-2020	าร	Distributable Amount for 2020
_1	Distributable amount for 2020 from Section C, line 6				
2	Underdistributions, if any, for years prior to 2020 (reason-				
	able cause required - explain in Part VI). See instructions.				
_3	Excess distributions carryover, if any, to 2020				
a	From 2015				
b	From 2016				
c	From 2017				
d	From 2018				
е	From 2019				
f	Total of lines 3a through 3e				
g	Applied to underdistributions of prior years				
h	Applied to 2020 distributable amount				
<u>i</u>	Carryover from 2015 not applied (see instructions)				
<u>j</u>	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.				
4	Distributions for 2020 from Section D,				
	line 7: \$				
<u>a</u>	Applied to underdistributions of prior years				
b	Applied to 2020 distributable amount				
c	Remainder. Subtract lines 4a and 4b from line 4.				
5	Remaining underdistributions for years prior to 2020, if				
	any. Subtract lines 3g and 4a from line 2. For result greater				
	than zero, explain in Part VI. See instructions.				
6	Remaining underdistributions for 2020. Subtract lines 3h				

Schedule A (Form 990 or 990-EZ) 2020

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and 4b from line 1. For result greater than zero, explain in

7 Excess distributions carryover to 2021. Add lines 3j

Part VI. See instructions.

and 4c.
 B Breakdown of line 7:
 a Excess from 2016
 b Excess from 2017
 c Excess from 2018
 d Excess from 2019
 e Excess from 2020

Schedule A	(Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390 Page 8
Part VI	Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12;
	Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C,
	line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V,
	Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information.
	(See instructions.)
-	
•	
-	
-	

SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements

► Complete if the organization answered "Yes" on Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.

Attach to Form 990.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047 Inspection

Name of the organization

Employer identification number INWARD BOUND MINDFULNESS EDUCATION, 27-3029390 Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts. Complete if the Part I organization answered "Yes" on Form 990, Part IV, line 6. (a) Donor advised funds (b) Funds and other accounts Total number at end of year _____ Aggregate value of contributions to (during year) 2 3 Aggregate value of grants from (during year) Aggregate value at end of year 4 Did the organization inform all donors and donor advisors in writing that the assets held in donor advised funds 5 are the organization's property, subject to the organization's exclusive legal control? Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be used only for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring Conservation Easements. Complete if the organization answered "Yes" on Form 990, Part IV, line 7. Part II Purpose(s) of conservation easements held by the organization (check all that apply). Preservation of land for public use (for example, recreation or education) Preservation of a historically important land area Protection of natural habitat Preservation of a certified historic structure Preservation of open space Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year. Held at the End of the Tax Year Total number of conservation easements 2a Total acreage restricted by conservation easements Number of conservation easements on a certified historic structure included in (a) 2c Number of conservation easements included in (c) acquired after 7/25/06, and not on a historic structure listed in the National Register Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during the tax Number of states where property subject to conservation easement is located Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds? 6 Staff and volunteer hours devoted to monitoring, inspecting, handling of violations, and enforcing conservation easements during the year Amount of expenses incurred in monitoring, inspecting, handling of violations, and enforcing conservation easements during the year Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B)(i) and section 170(h)(4)(B)(ii)? In Part XIII, describe how the organization reports conservation easements in its revenue and expense statement and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets. Complete if the organization answered "Yes" on Form 990, Part IV, line 8. 1a If the organization elected, as permitted under FASB ASC 958, not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide in Part XIII the text of the footnote to its financial statements that describes these items. b If the organization elected, as permitted under FASB ASC 958, to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items: (i) Revenue included on Form 990, Part VIII, line 1 (ii) Assets included in Form 990, Part X If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the following amounts required to be reported under FASB ASC 958 relating to these items: a Revenue included on Form 990, Part VIII, line 1 Assets included in Form 990, Part X

032051 12-01-20

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Schedule D (Form 990) 2020

Schedule D (Form 990) 2020

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Schedule D (Form 990) 2020 INWARD BOUND MINDFULNE			029390 Page 4
Part XI Reconciliation of Revenue per Audited Financial S	•	r Return.	
Complete if the organization answered "Yes" on Form 990, Part IV	/, line 12a.		
1 Total revenue, gains, and other support per audited financial statements		1	1,326,563.
2 Amounts included on line 1 but not on Form 990, Part VIII, line 12:	1 - 1		
a Net unrealized gains (losses) on investments			
b Donated services and use of facilities			
Recoveries of prior year grants Other (Describe in Part XIII.)			
e Add lines 2a through 2d		2e	0.
3 Subtract line 2e from line 1			1,326,563.
4 Amounts included on Form 990, Part VIII, line 12, but not on line 1:			
a Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b Other (Describe in Part XIII.)	4b		
c Add lines 4a and 4b			0.
5 Total revenue. Add lines 3 and 4c. (This must equal Form 990, Part I, line		5	1,326,563.
Part XII Reconciliation of Expenses per Audited Financial S	•	per Return.	
Complete if the organization answered "Yes" on Form 990, Part IV			1,126,138.
1 Total expenses and losses per audited financial statements		1	1,120,130.
2 Amounts included on line 1 but not on Form 990, Part IX, line 25:a Donated services and use of facilities	2a		
a Donated services and use of facilities b Prior year adjustments			
c Other losses			
d Other (Describe in Part XIII.)			
e Add lines 2a through 2d		2e	0.
3 Subtract line 2e from line 1			1,126,138.
4 Amounts included on Form 990, Part IX, line 25, but not on line 1:			
a Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b Other (Describe in Part XIII.)	4b		•
c Add lines 4a and 4b			1 106 120
5 Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I. line Part XIII Supplemental Information.	e 18.)	5	1,126,138.
Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a ar	ad 4: Part IV lines 1b and 2b: Part V	line 4: Part V	ling 2: Part VI
lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide		IIIIE 4, Fait A,	iiile 2, Fait Ai,
into Za ana 45, ana 1 are xiii, into Za ana 45. Xiioo oompioto tiilo pare to provide	carry additional information.		
PART X, LINE 2:			
THE ORGANIZATION IS A NONPROFIT ORGANIZA	TION AS DESCRIBED	IN SECT	ION 501
/O\/2\ OB MUE INMEDNAL			
(C)(3) OF THE INTERNAL			
REVENUE CODE AND IS EXEMPT FROM FEDERAL	AND STATE INCOME T	AXES ON	TRADE OR
		11111111111111	111111111111111111111111111111111111111
BUSINESS PROFITS GENERATED BY ACTIVITIES	RELATED TO THE OR	GANIZAT:	ION'S
EXEMPT FUNCTION. THE ORGANIZATION MAY BE	SUBJECT TO FEDERA	L AND S'	PATE
INCOME TAXES FOR PROFITS GENERATED FROM	TRADE OR BUSINESS	ACTIVIT:	IES
INDELAMED TO THE ODGANIZATION OF EVENDOR		ODED 21	2021
UNRELATED TO THE ORGANIZATION'S EXEMPT F	TUNCTION. AS OF OCT	OBER 31	, 2021
AND 2020, MANAGEMENT BELIEVES THAT THE C	RGANTZATTON HAS NO	T GENER	ATED ANY
THE 2020, MINISTERN BUILDING TIME THE O	MOINTENTION IND NO	I OLIVLIA	11111
UNRELATED BUSINESS TAXABLE INCOME.			
MILE ODGANITAMION AGGEGGEG MILE DEGODOTIVE	OH IINIGHDMATH MAY D	00TET-037	a Dv
THE ORGANIZATION ASSESSES THE RECORDING	OF UNCERTAIN TAX P	OSTITON	2 RI

SCHEDULE G

Department of the Treasury Internal Revenue Service

(Form 990 or 990-EZ)

Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered "Yes" on Form 990, Part IV, line 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a.

► Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2020

Open to Public Inspection

Name of the organization

Employer identification number

Part I Fundraising Activities.	Complete if the organization answer				2 / - 3 0 2 9 ine 17. Form 990-EZ	
required to complete this part 1 Indicate whether the organization rais a Mail solicitations b Internet and email solicitations c Phone solicitations d In-person solicitations 2 a Did the organization have a written of key employees listed in Form 990, P b If "Yes," list the 10 highest paid indivicompensated at least \$5,000 by the	eed funds through any of the following set of the solicitate of th	ation of ation of I fundra (includ	non-g gover ising of ing of	overnment grants nment grants events ficers, directors, trus undraising services?	Yes	
(i) Name and address of individual or entity (fundraiser)	(ii) Activity	(iii) fundr have con or con contribu	Did aiser ustody trol of utions?	(iv) Gross receipts from activity	(v) Amount paid to (or retained by) fundraiser listed in col. (i)	(vi) Amount paid to (or retained by) organization
		Yes	No			
Total			.:			
3 List all states in which the organizatio or licensing.	n is registered or licensed to solicit	contrib	utions	or has been notified	it is exempt from re	gistration

032081 11-25-20

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ.

Schedule G (Form 990 or 990-EZ) 2020

Schedule G (Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC. 27-3029390 Page 2

Pa	rt I	Fundraising Events. Complete if th	e organization answered	"Yes" on Form 990, Part	IV, line 18, or reported	more than \$15,000
		of fundraising event contributions and gro				
			(a) Event #1 COMMIT TO SIT 2021	(b) Event #2	(c) Other events NONE	(d) Total events (add col. (a) through col. (c))
a)			(event type)	(event type)	(total number)	COI. (CJ)
d a b Direct Expenses Revenue Direct Expenses	1	Gross receipts	83,611.			83,611.
	2	Less: Contributions	83,611.			83,611.
	3	Gross income (line 1 minus line 2)				
	4	Cash prizes				
Š	5	Noncash prizes	250.			250.
xpense	6	Rent/facility costs				
Direct E	7	Food and beverages				
	8	Entertainment				
	9	Other direct expenses	659.			659.
	10	Direct expense summary. Add lines 4 through			>	909.
П		Net income summary. Subtract line 10 from li				-909.
Pa	I L I		answered "Yes" on Form	990, Part IV, line 19, or r	reported more than	
		\$15,000 on Form 990-EZ, line 6a.		(b) Pull tabs/instant		(d) Total gaming (add
enne			(a) Bingo	bingo/progressive bingo	(c) Other gaming	col. (a) through col. (c))
- A	1	Gross revenue				
	2	Cash prizes				
xpense	3	Noncash prizes				
1	4	Rent/facility costs				
	_	Other direct eveness				
		Other direct expenses Volunteer labor	Yes %	Yes %	Yes %	
		Direct expense summary. Add lines 2 through				
	8	Net gaming income summary. Subtract line 7				
		,				
а	ls t	ter the state(s) in which the organization condu he organization licensed to conduct gaming ac No," explain:	ctivities in each of these s			Yes No
~	_					
		ere any of the organization's gaming licenses re Yes," explain:			ear?	Yes No
0200		25.20			Schodulo G /Fo	rm 990 or 990-EZ) 2020
0320	o∠ 11	-25-20			Scriedule G (FO	iii aau ui aau-EZ) 2020

Schedule G (Form 990 or 990-EZ) 2020 INWARD BOUND MINDFULNESS EDUCATION, INC	:. 27-3029390 Page 3
11 Does the organization conduct gaming activities with nonmembers?	Yes No
12 Is the organization a grantor, beneficiary or trustee of a trust, or a member of a partnership or other entity formed	
to administer charitable gaming?	Yes No
13 Indicate the percentage of gaming activity conducted in:	
a The organization's facility	13a %
b An outside facility	
14 Enter the name and address of the person who prepares the organization's gaming/special events books and rec	
Name	
Address	
15a Does the organization have a contract with a third party from whom the organization receives gaming revenue?	Yes No
b If "Yes," enter the amount of gaming revenue received by the organization ▶ \$ and the a	mount
of gaming revenue retained by the third party > \$	
c If "Yes," enter name and address of the third party:	
Name	
Address ▶	
16 Gaming manager information:	
Name	
Gaming manager compensation > \$	
<u> </u>	
Description of services provided	
Director/officer Employee Independent contractor	
17 Mandatory distributions:	
a Is the organization required under state law to make charitable distributions from the gaming proceeds to	
rate in the state gaming licenses	Yes No
b Enter the amount of distributions required under state law to be distributed to other exempt organizations or sper	
organization's own exempt activities during the tax year > \$	it iii tile
Part IV Supplemental Information. Provide the explanations required by Part I, line 2b, columns (iii) and	(v): and Part III lines 9, 9h, 10h
15b, 15c, 16, and 17b, as applicable. Also provide any additional information. See instructions.	(v), and r art III, iii 65 5, 55, 155,
, , , , , , , , , , , , , , , , , , , ,	

Schedule G	(Form 990 or 990-EZ) Supplemental Infor	INWARD	BOUND	MINDFULNESS	EDUCATION,	INC.	27-3029390	Page 4
Part IV	Supplemental Infor	mation (cont	tinued)					
-								

SCHEDULE O

(Form 990 or 990-EZ)

Department of the Treasury

Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

Attach to Form 990 or 990-EZ.

► Go to www.irs.gov/Form990 for the latest information.

2020
Open to Public Inspection

OMB No. 1545-0047

Name of the organization

INWARD BOUND MINDFULNESS EDUCATION, INC.

Employer identification number 27-3029390

FORM 990, PART I, LINE 1, DESCRIPTION OF ORGANIZATION MISSION:

PROVIDE IN-DEPTH, HIGHLY RELATIONAL MINDFULNESS PROGRAMMING FOR YOUTH

AND THE PARENTS AND PROFESSIONALS WHO SUPPORT THEM. OUR PROGRAMMING

GUIDES PARTICIPANTS IN DEVELOPING SELF-AWARENESS, COMPASSION, AND

ETHICAL DECISION MAKING, AND EMPOWERS THEM TO APPLY THESE SKILLS IN

IMPROVING THEIR LIVES AND COMMUNITIES.

FORM 990, PART III, LINE 4A, PROGRAM SERVICE ACCOMPLISHMENTS:

IBME ALSO ACCOMPLISHED OUR EQUITY AND INTERDEPENDENCE (EI) GOALS,

INCLUDING HOSTING 12 COMMUNITY CONVERSATIONS, WITH AN AVERAGE OF 30

PARTICIPANTS PER SESSION, AND EXPANDING THE EQUITY TRAINING PROGRAM

RECEIVED BY OUR TEACHERS, MENTORS, AND RETREAT COORDINATORS.

FORM 990, PART VI, SECTION A, LINE 4:

THE IBME BYLAWS HAVE BEEN UPDATED TO INCLUDE THE CREATON OF A COLLABORATIVE LEADERSHIP SYSTEM. BASED ON SECTION 4.2 OF THE BYLAWS, THE CORPORATION ESTABLISHED A "COLLABORATIVE LEADERSHIP" SYSTEM, THROUGH WHICH VARIOUS CONSTITUENTS OF THE CORPORATION HAVE A ROLE IN THE MANAGEMENT AND OPERATION OF THE CORPORATION AND ITS PROGRAMMING. THE CORPORATION'S DIRECTORS AND OFFICERS WILL REPRESENT THIS COLLABORATIVE LEADERSHIP SYSTEM. THE BOARD WILL BE FORMED BY INCLUDING A REPRESENTATIVE FROM EACH COMMITTEE AS WELL AS AT LEAST ONE REPRESENTATIVE FROM THE STAFF.

FURTHER, BASED ON SECTION 9 OF THE BYLAWS, THE BOARD SHALL HAVE THE POWER

TO CREATE BOARD COMMITTEES AS IT DEEMS ADVISABLE. EACH COMMITTEE SHALL

CONSIST OF TWO OR MORE DIRECTORS AND, TO THE EXTENT PROVIDED BY THE

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ. Schedule O (Form 990 or 990-EZ) 2020

032211 11-20-20

Schedule O (Form 990 or 990-EZ) 2020 Name of the organization **Employer identification number** 27-3029390 INWARD BOUND MINDFULNESS EDUCATION, INC. RESOLUTION OF THE BOARD, SHALL HAVE AND EXERCISE SUCH POWERS OF THE BOARD IN THE MANAGEMENT OF THE BUSINESS AND AFFAIRS OF THE CORPORATION AS MAY BE LAWFULLY DELEGATED. FORM 990, PART VI, SECTION B, LINE 11B: THE FORM 990 PREPARER PROVIDED A HIGH-LEVEL PRESENTATION OF THE FORM 990 TO THE BOARD OF DIRECTORS. THE BOARD RECEIVED A COMPLETE DRAFT OF THE FORM 990 FOR REVIEW AND COMMENT AND LATER RECEIVED THE FINAL VERSION OF THE FORM 990 PRIOR TO IT BEING FILED WITH THE IRS. FORM 990, PART VI, SECTION B, LINE 12C: IBME'S BOARD OF DIRECTORS MONITORS ALL POTENTIAL CONFLICT OF INTEREST SITUATIONS. FORM 990, PART VI, SECTION B, LINE 15: IBME HAS ESTABLISHED A COLLABORATIVE LEADERSHIP SYSTEM, THROUGH WHICH VARIOUS CONSTITUENTS OF THE ORGANIZATION HAVE A ROLE IN THE MANAGEMENT AND OPERATION OF THE ORGANIZATION AND ITS PROGRAMMING. IBME'S DIRECTORS AND OFFICERS REPRESENT THIS COLLABORATIVE LEADERSHIP SYSTEM. ALTHOUGH IBME DOES NOT HAVE THE TRADITIONAL HIERARCHICAL LEADERSHIP STRUCTURE, IT DOES HAVE A PRESIDENT, SECRETARY, AND TREASURER. FOR

PURPOSES OF FORM 990 REPORTING, THE PRESIDENT IS THE "TOP MANAGEMENT OFFICIAL." IN 2020, NEITHER THE PRESIDENT NOR IBME'S OFFICERS WERE COMPENSATED FOR THEIR ROLE IN THOSE POSITIONS.

NEVERTHELESS, WHEN COMPENSATION IS AWARDED TO EMPLOYEES/INDEPENDENT CONTRACTORS WHO ALSO HOLD OFFICER/DIRECTOR ROLES, THEIR COMPENSATION IS

1

Name of the organization INWARD BOUND MINDFULNESS EDUCATION, INC.	Employer identification number 27 – 3029390
VETTED THROUGH A PROCESS THAT INCLUDES IBME'S BOARD'S REVIEW AND APPROVAL	
BY INDEPENDENT PERSONS, COMPARABILITY DATA, AND CONTEMPORANEOUS	
SUBSTANTIATION OF THE DELIBERATION AND DECISION.	
FORM 990, PART VI, SECTION C, LINE 19:	
IBME UPLOADS ITS FINANCIAL STATEMENTS AND PROVIDES OTHER FINANCIAL DATA TO	
GUIDESTAR FOR PUBLIC REVIEW. THE ORGANIZATION'S GOVERNING DOCUMENTS AND	
CONFLICT OF INTEREST POLICY ARE AVAILABLE UPON REQUEST.	
FORM 990, PART VII, SECTION A:	
THE BOARD ALSO INCLUDES NON-VOTING TEEN DIRECTORS. TEEN DIRECTORS FOR	
THIS YEAR ARE AUSTIN THOREN AND TAEYA BOI-DOKU (UNTIL 5/2021, WHEN SHE	
BECAME A DIRECTOR).	
JENNIFER HEITEL IS COMPENSATED FOR HER ROLE AS OPERATIONS & FINANCE	
DIRECTOR, NOT AS SECRETARY OF THE ORGANIZATION.	
TONYA JONES IS COMPENSATED FOR HER ROLE AS PROGRAM STRATEGY, EQUITY &	
COMMUNITY ENGAGEMENT DIRECTOR, NOT AS A BOARD MEMBER.	
CHARISSE SPENCER AND KHALILA ARCHER ARE COMPENSATED FOR TEACHING AND	
PROGRAM SUPPORT AT IBME. THEY ARE NOT COMPENSATED AS BOAR	D MEMBERS.